# Tom Walker, Head Underwater

Woke up coming out for air
Cold sweat on my skin I was unprepared
Deep down getting lost again
But it’s me and myself that I’m up against

Dark days that I’ve overcome
Why does this time feel like it’s only just begun
Downtown in the undertow
Chasing highs when I’m feeling low

(Mm) Gotta let go
But I don’t know how to let go
(Mm) How am I supposed to do this?

With my head underwater
I can’t take it much longer
Head underwater
I’m at war with the monster
I’m struggling to catch my breath
Get it off my chest
But if it don’t kill me then
I’ll get stronger
With my head underwater (head underwater, underwater)
With my head underwater (head underwater, underwater)

Night comes and it’s hard to sleep
Like my mind is a million miles apart from me
Can’t count on the chemicals
They don’t work when I made them the antidote

Wild thoughts that I tried to tame
Keep me numb how they run like the blood inside my veins
Uptown I can see the light
But it’s dark on the other side

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Holding onto hope I can make it out
Praying that my lungs don’t fail me now
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