

# Maroon 5, Help Me Out (ft. Julia Michaels)

[Verse 1: Adam Levine]

I'm getting kinda over this  
I need a metamorphosis  
Are you as weak as me?  
If not, do you wanna be?

[Pre-Chorus: Adam Levine]

I need some temporary saving  
I need some, some uncomplicated

[Chorus: Adam Levine & Julia Michaels]

Help me out  
'Cause I don't wanna do this on my own  
Help me out, out  
Help me out, 'cause I need something up to calm me down  
Help me out, out

[Verse 2: Adam Levine & Julia Michaels]

I don't mean to bother you  
But there's something that I want from you  
Distract me from thinking too much  
Loose ends all tied up with a touch

[Pre-Chorus: Julia Michaels & Adam Levine]

I need some temporary saving  
I need some, some uncomplicated

[Chorus: Adam Levine & Julia Michaels]

Help me out  
'Cause I don't wanna do this on my own  
Help me out, out  
Help me out, 'cause I need something up to calm me down  
Help me out, out

[Bridge: Adam Levine & Julia Michaels]

Hey, hey, I know that there will come a day  
When you, you'll need somebody to  
Yeah, hey, hey, I know that there will come a day  
When, when you, you'll need somebody to  
Help you out, help me out  
Help me out, help me out, out

[Chorus: Adam Levine & Julia Michaels]

Help me out  
'Cause I don't wanna do this on my own  
Help me out, out  
Help me out, 'cause I need someone to calm me down  
Help me out, out

[Outro: Adam Levine & Julia Michaels]

And, hey I know that there will come a day  
When you, you'll need somebody to  
Hey, hey I know that there will come a day  
When, when you, you'll need somebody to  
Help you out, help me out  
Help me out, help me out, out