Mabel, OK (Anxiety Anthem)

wake up with me a know in my chest
tired everything just to get out of bed
it’s ain’t working, it ain’t working
sometimes I can get like this
cover it up with a smile on my face
but I am hurting, .2x

there are days when the world gets heavy
sleepiness nights, I’ve had way too many
when it’s late and no one’s around, around
alone in my room and tears starts pouring
wishing the night was still the morning
but tonight I’ma let them fall down
fall down

cause it’s ok, not to be ok
it’s ok if you feel the pain
don’t gotta wipe your tears away
tomorrow’s another day
it’s ok, not to be ok
it’s fine , you’re allowed to break
as long as you know
as long as you know
everything’s gonna be ok
ok, ok
as long as you know
everything’s gonna be ok
ok, ok

look at you, look at me
we all going through it if you look beyond the surface
beyond the surface
so wat do I do?
just wear mit on my sleeve
maybe the , maybe you’d believe that I am hurting
that I’m hurting

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i know /4x
it’s not easy
but you know, but you know,
but you know,
that it’s gets easier

i know /4x
it’s not easy
but you know, but you know,
but you know,
that it’s gets easier

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