Eminem, Deja vu

As I fall deeper into a manic state
Im a prime candidate for the gene to receive the drug outta trate
The blood pressure climbs to a dramatic rate
I seem to gravitate to the bottle of Nyquil than i salivate
Start off with the Nyquil with like I think I will just have a taste
Couple of sips of that than I gradually graduate
To a harder prescription drug called valium like yah thats great
I go to just take one than i end up like having eight
Now i need something in my stomach because i havent ate
Maybe ill grab a plate of nachos and ill have a steak
And youd think with all i have at stake look at my daughters face
Mommy something is wrong with dad I thank
Hes acting weird again hes really beginnings to scare me
Wont shave his beard again and he pretends that he doesnt hear me
And all he does eat dorritos and cheetos and he just
Fell asleep in his car eating three muskateers in the rear seat
Sometimes i feel so alone, I just dont know
It feels like ive been down this road before
So lonely and cold its like something takes over me
As soon as i go home and close the door
God feels like dj vu i wanna get away from this place i do
But i cant and i wont say i try but i know its a lie
cause i dont and why i just dont knowwoooo
maybe just a nice cold brew, whats a beer
thats the devil in my ear ive been sober a fuckin year
and that fucker still talks to me hes all i can fuckign hear
marshall cmon well watch the game its the cowboys and buccanears
and maybe if i just drink half ill be half buzzed
for half of the time, whose the mastermind behind that little line
with that kind of rational man i got half a mind
to have another half a glass of wine sounds assenine
yeah i know, but i never had no problem with alcohol
ouch look out for the wall aim for the couch im about to fall
i miss the couch and down go like a bouncy ball
shit must of knocked me out cause i didnt feel the ground at all
wow what the fuck happened last night where am i
man fuck am i hung over and god damn i
got a headache shit half a vicodin, why cant i
all systems ready for take off, please stand by
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cause i dont and why i just dont knowwoooo
so i take a vicodin splash it hits my stomach and ahhhhhh
couple of weeks go by and it aint even like i am getting high
now i need it to not feel sick yah im getting by
wouldnt even be taking this shit if deshauwn didnt die
oh yeah theres an excuse you lose proof so you use
theres new rules its cool if its helping you to get through
its twelve noon aint no harm in self inducing a snooze
what else is new fuck it what would elvis do in your shoes
now here i am three months later full blown relapse
just get high until the kids get home from school holmes relax
and since im convince that im an in-somni-ac
i need these pills to be able to sleep so i take three naps
just to be able to function throughout the day
lets see thats an ambian each nap how many valium three
and that averages out to one good hour of sleep
so now you see the reason how come he
has taken four years to just put out an album b
see me and you we almost had the same outcome heath

cause that Christmas you know that whole neumonia thing
it was bolognia was it the methadonia think
but hydrocordone ya hide inside ya pornos
ya vcr tape cases put ya ambiants see great places
to hide em aint it, so you can lie to haily
im going beddy by whitney baby good night elaina
go in the room and shut the bedroom door
and wake up in an ambulance they say they found me on the bathroom floor
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this is Aftermath now!