Demi Lovato, Sober

i got no excuses
for all of these goodbyes
call me when it’s over
cuz I’m dying inside

wake me when the shakes are gone
and cold sweats disappear
call me when it’s over
and myself has reappeared

I don’t know /4x
why
I do it
every /4x
time
it’s only when I’m lonely

sometimes I just wanna cave
and I don’t wanna fight
I try /8x
just hold me
I’m lonely

momma I’m so sorry
I’m not sober anymore
daddy please forgive me
for the drinks spilled on the floor
to the ones
who never left me we’ve been down this road before
I’m so sorry
I’m not sober anymore

I’m sorry to my future love
for the man that I left my bad
for making love the way I saved
for you inside my head
and I’m sorry for the fans I lost
who watch me fall again
I wanna be a role model
but I’m only human

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daddy please forgive me
for the drinks spilled on the floor
to the ones
who never left me we’ve been down this road before
I’m so sorry
I’m not sober anymore

I’m sorry
that I am here again

I promise I'll get help
it wasn't my intention
I'm sorry to myself